

MENU 5

Date:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast (8am)	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits
Morning Snack (9.30am)	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk	Fresh Fruit, whole & semi-skimmed milk
Lunch (11.30)	Carousel Special Recipe Pasta Bake Garlic Bread Fromage Frais	Mushroom & Bean Hotpot Rice Jelly & Ice cream	Fish Fingers Sweet Potato Wedges Garden Peas Seasonal fruit salad	Cottage Pie Green beans Bread & butter pudding	Roast Chicken Roast Potatoes Yorkshire puddings Broccoli, carrots & cauliflower Greek yogurt with honey
Food temp	Temp °C	Temp °C	Temp °C	Temp °C	Temp °C
Afternoon snack (2.00pm)	Rice cake & ham roulades	Oatcakes & dried fruits	Cheese cubes & cucumber	Edam cheese on Melba Toast	Apples & raisins
Tea (4.15pm)	Spanish omelette Cherry tomatoes Banana chunks	Tuna, sweetcorn and mayo wholemeal wraps Cucumber slices Fresh orange segments	Seasonal vegetable soup & a wholemeal roll Fromage Frais	Margherita Pizza Mixed pepper salad Satsumas	Ravioli Tomato & Garlic Flatbread Pudding made by the children
Evening Snack (6pm)	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection

We can also cater for special dietary requirements and can provide vegetarian, vegan, halal and free from options if required. Please speak to a member of staff if your child has a SDR. Please note that babies under the age of 1 will not be given honey.