

MENU 1

Date: 10.8.20	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast (8am)	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits	Selection of cereals / Porridge / wholemeal toast with variety of spreads / greek yoghurt with fresh & dried fruits
Morning Snack (9.30am)	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk	Fresh Fruit, whole & semi- skimmed milk
Lunch (11.30)	Roast Chicken Roast Potatoes Yorkshire puddings Broccoli, carrots & cauliflower Rice Pudding	Fish Pie Garden Peas Seasonal fruit salad	Chicken Korma Basmati rice Naan bread Baked apples with sultanas and custard	Carousel Special Recipe pasta bake Garlic Bread Natural yogurt with honey	Toad in the Hole Peas & Sweetcorn Fromage Frais
Food temp	Temp °C	Temp °C	Temp °C	Temp °C	Temp °C
Afternoon snack (2.00pm)	Apples & raisins	Rice cake & ham roulades	Oatcakes & dried fruits	Cheese cubes & cucumber	Edam on Melba Toast
Tea (4.15pm)	Puff pastry pinwheels with tomato filling Carrot sticks Pudding made by the children	Spaghetti on Toast Fruit yogurt	Tuna, sweetcorn and mayo wholemeal wraps Cucumber slices Banana chunks	Toasted crumpets with ham Cherry tomatoes Satsumas	Seasonal vegetable soup & a wholemeal roll Seasonal fruit salad
Evening Snack (6pm)	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection	Sandwich Selection

We can also cater for special dietary requirements and can provide vegetarian, vegan, halal and free from options if required. Please speak to a member of staff if your child has a SDR. Please note that babies under the age of 1 will not be given honey.

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